



Community FOUNDATION



MAJOR PARTNER

SONS OF THE WEST

WESTERN BULLDOGS TACKLING MEN'S HEALTH

WELCOME

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FREE PROGRAM

JOIN THE SONS OF THE WEST MEN'S HEALTH PROGRAM

Presented by Western Bulldogs Community Foundation, Horsham City Council and Wimmera PCP

Sons of the West is a FREE and FUN men's health program

10 WEEK health program for MEN

LEARN more about your HEALTH in a safe, inclusive space

CONNECT with new and old FRIENDS

Try new, FUN types of PHYSICAL ACTIVITY

Register by visiting westernbulldogs.com.au/sons2021

For more information please email foundation@westernbulldogs.com.au or call 03 9680 6355

Sons of the West 2021 program will run in accordance with government COVID-19 restrictions.

Please note, all attendees MUST register and have a ticket to attend. Places fill quickly so register now!

SONS OF THE WEST WILL RUN IN HORSHAM

Starting Wednesday 14 July 2021 at
Horsham Aquatic Centre, 56 Hamilton Street, Horsham 3400, 6pm – 8pm

The Sons of the West is an inclusive and diverse program.
People who are culturally diverse, Aboriginal and/or Torres-Strait Islander
or identify as a man are encouraged to attend.

WESTERNBULLDOGS.COM.AU/FOUNDATION

[wbfcfoundation](https://www.facebook.com/wbfcfoundation)

Horsham Rural City Council
urban rural balance

Wimmera PCP
Working together for healthy communities

HORSHAM AQUATIC CENTRE

the Y

priceline pharmacy

WATERGARDENS