

**Program participants**

<b>VICHEALTH GROWING PARTICIPATION IN SPORT PROGRAM EVALUATION</b>	
<b>Chief investigator</b>	Professor Matthew Nicholson Centre for Sport and Social Impact - La Trobe University
<b>Research funder</b>	This research is being funded by VicHealth.

If you are 14-15 years of age, please read this information with a parent/guardian before continuing.

**1. What is the study about?**

This is an invitation for you to take part in a study. The Centre for Sport and Social Impact is working with VicHealth and 19 State Sport Associations and nine Regional Sports Assemblies on a range of programs aimed at improving sport and physical activity engagement for young people (aged 12 – 17 years old). We hope to learn how it is that sport programs can best be delivered to engage this age group and create sustainable ongoing healthy habits around physical activity.

**2. Do I have to participate?**

You have participated in a program targeting young people aged 12-17 years old, and you are receiving this invitation because you are aged 14-17 and we are interested in getting feedback around your experience.

Being part of this study is voluntary and we ask that you read this information carefully and ask us any questions before deciding whether you will take part. If you decide that you do not want to take part this won't affect your relationship with La Trobe University or any other listed organisation.

**3. What will I be asked to do?**

We would like you to complete two activities. One now, and another in three to four weeks' time.

Activity 1: We will ask you to brainstorm a set of statements for 'The feature of a sport program I would really like to participate in are...' or 'Something I really enjoyed about the sport program I participated in was...'.  
*(Note: The original text contains a typo 'participated' which has been corrected to 'participate' in this transcription.)*

Activity 2: We will provide you with a cleaned set of the statements collected in Activity 1 and will ask you to sort these statements into 'groups' based on how much alike they are, and then rate each statement on importance and feasibility of addressing.

Each activity will take approximately 5-30 minutes depending on your answers, and are completed online.

*In appreciation of your time, at the end of the two activities you will be sent one \$30 Ultimate Teens Gift Card (for use at either Rebel; Boost Juice Bars; JB HI-FI; City Beach; and/or Zone Bowling).*

**4. What are the benefits?**

Young people are dropping out of sport between the ages of 12 – 17 years of age, and this evaluation seeks to better understand how sport can better deliver programs in order to engage and retain this age group. The benefits to you are you will be able to have a direct impact on how this and other funded programs are further developed, potentially improving the program for your own enjoyment, but also the enjoyment of future participants.

### 5. What are the risks?

With any study there are (1) risks we know about, (2) risks we don't know about, and (3) risks we don't expect. At this stage, there are no known risks for your involvement in the research. If you experience something that you aren't sure about, please contact us immediately so we can discuss the best way to manage your concerns.

Name/Organisation	Position	Telephone	Email
Kiera Staley La Trobe University	Project Manager	03 9479 5851	k.staley@latrobe.edu.au

### 6. What will happen to information about me?

We will collect and store information about you in ways that will not reveal who you are. This means you cannot be identified in any type of publication from this study.

We will keep your information for 5 years after the project is completed. After this time, we will destroy all of your data.

We will collect, store and destroy your data in accordance with La Trobe Universities Research Data Management Policy which can be viewed online using the following link: <https://policies.latrobe.edu.au/document/view.php?id=106/>.

The information you provide is personal information for the purposes of the Privacy and Data Protection Act 2014 (Vic). You have the right to access personal information held about you by the University, the right to request correction and amendment of it, and the right to make a complaint about a breach of the Information Protection Principles as contained in the Information Privacy Act.

### 7. Will I hear about the results of the study?

The results will be reported to VicHealth. These results may be made available in an SSA/RSA support session for the whole Regional or Growing Participation in Sport programs. If you are a deliverer, the results will potentially be made available through the sport or Regional Sports Assembly you were involved with.

### 8. What if I change my mind?

Up to a certain point, you can choose to no longer be part of the study. While completing the activities, you can simply close your browser. Once you have completed the activity we will not be able to identify your data and therefore you will not be able to withdraw once your response has been submitted.

### 9. Who can I contact for questions or if I want more information?

If you would like to speak to us, please use the contact details below:

Name/Organisation	Position	Telephone	Email
Kiera Staley La Trobe University	Project Manager	03 9479 5851	k.staley@latrobe.edu.au

### 10. What if I have a complaint?

If you would like to make a complaint about any part of this study, please contact:

Ethics Reference Number	Position	Telephone	Email
HEC18301	Senior Research Ethics Officer	+61 3 9479 1443	<a href="mailto:humanethics@latrobe.edu.au">humanethics@latrobe.edu.au</a>