

**HLTAID001 – Provide CPR**  
**HLTAID003 – Provide First Aid**  
**Sports Trainer Re-Accreditation**  
**Level 1 Sports Trainer**



Horsham  
March 2019

**HLTAID001 – Provide CPR**

Saturday 23rd March 2019  
8:30am – 10:30am  
Course number: 31915C  
Cost: \$60 (Inc GST)  
Venue: Horsham Fire Station



**HLTAID003 – Provide First Aid**

Saturday 23rd March 2019  
8:30am – 2:00pm  
Course number: 31917F  
Cost: \$150 (Inc GST)  
Venue: Horsham Fire Station



**Sports Trainer Re-Accreditation (Level 1 & Level 2)**

Saturday 23rd March 2019  
2:00pm – 6:00pm  
Course number: 31919I Level 1  
Course number: 31919L2I Level 2  
Cost: \$120 (Inc GST)  
Venue: Horsham Fire Station



**Level 1 Sports Trainer Course**

Sunday 24th February 2019  
8:30am – 5:00pm  
Course number: 31924  
Cost: \$285 (Inc GST)  
Venue: Horsham Fire Station



**Pre-requisites:** A current Provide First Aid certificate HLTAID003 (including current CPR HLTAID001) is to be provided in order to be eligible to attend the course.

- **Please attend in casual attire understanding that sports taping is a component of the course.**

Supported by



Supporting your passion



*Sports Medicine Australia is a multi-disciplinary organisation which works to enhance the health of all Australians through safe participation in sport, recreation and physical activity.*



## Why become an SMA Level 1 Sports Trainer?

The sports trainer plays an important role in ensuring the safety and wellbeing of participants at sporting clubs. Being a Level 1 Sports Trainer provides an opportunity to upskill in the prevention and management of injuries and qualify to become a Sports Trainer Member with SMA. The participant can then advance their skills and progress to a Level 2 Sports Trainer after gaining industry experience.

### Course information

This course will recognise you as an industry accredited sports trainer, providing skills on how to prevent and manage injuries on and off the sporting field. Industry accreditation from this 8-hour course is the standard requirement to work as a sports trainer in many of the country's sporting codes. Learn from skilled presenters on the topics of:

- Preventing sports injuries
- Principles of injury management
- Sports taping
- Sports nutrition
- Transporting the injured athlete
- Common sporting illnesses, injuries and medical condition

**Venue:** Horsham Fire Station, 33 Hamilton St, Horsham VIC 3400

**Registration & payment:** Please visit [sma.org.au](http://sma.org.au) to register and pay online

**Further information:** email [vic.admin@sma.org.au](mailto:vic.admin@sma.org.au) or phone 03 9674 8777

Supported by



Supporting your passion

